

# The A.R.T. of Intervention

Addiction. Recovery. Transformation  
A Resource for Families and Professionals

The A.R.T. of Intervention Project is a collaborative effort of carefully selected Professional Interventionists and is spearheaded by Visionary Rob Lohman. Rob Lohman holds an M.B.A., a Nationally Certified Intervention Professional, a Nationally Certified Recovery Coach, the host of Beyond The Bars Radio podcast which is part of the Global Mental Health News Radio Network, a Justice Ambassador with Prison Fellowship, a published Author, and sought after Speaker. Lohman found freedom from alcohol and drugs on June 8, 2001. He resides outside of Denver, Colorado with his wife, son, daughter and labradoodle Max!



The A.R.T. of Intervention Project arose out of an identified concern that many family members, therapists, pastors, addiction professionals and community leaders lack the knowledge and expertise to facilitate an effective intervention to help a loved one find the desire to break out of the addiction lifestyle and discover the courage to walk through the doors to recovery.

The mission of The A.R.T. of Intervention Project is to develop a practical and comprehensive resource for families and professionals. This is a resource of collective wisdom and experience from Interventionists across the country that understand proven practices which help the family and their loved one understand what makes an intervention effective and successful. Rob Lohman and his team have personally interviewed each Interventionist who participated in this research.

Families reach out to Interventionists in desperate times, times that often are a matter of life and death of their loved one whose life is typically spinning out of control. Unfortunately this can open the door for the “unqualified addiction specialist” who may not have the knowledge nor the best interest at heart for the family, the loved one or even the treatment program. The A.R.T. of Intervention Project is here to educate you and your community leaders to understand the benefits and strategies of using Professional Interventionists. Below is a snapshot of what you can expect in this resource:

- What is Addiction? What is Recovery? What is Transformation?
- What are the benefits to hiring a Professional Interventionist?
- Top 10 Questions a family should ask when hiring a Professional Interventionist.
- What are the various methods and models used to conduct an intervention?
- What are the right questions to ask when talking to treatment programs?
- What to expect when a loved one goes to treatment?
- What does aftercare look like for the family and the loved one?

Rob Lohman takes The A.R.T. of Intervention Project very seriously, so at the time of publishing the content and interviews for this Project, all Interventionists were carefully selected and verified to provide the most accurate information to date. In order to get to know these Interventionists on a more personal level, Rob Lohman personally interviewed each Interventionist which can be viewed at [www.TheARTofInterventionProject.com](http://www.TheARTofInterventionProject.com).

For inquiries into The A.R.T. of Intervention Project, feel free to:  
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